



ROSEN METHOD MOVEMENT INTENSIVE

SEPTEMBER 1 – 5, 2023

WITH DEBORAH MARKS
AND
KAREN ZOEPPRITZ-KARLE



Daily class from 10 – 17h at Seminarhaus
Wien West, Aichholzgasse 39, 1120 Wien.

Course Language is English with translation
in German by Zelma Millard, Rosen Method
Bodywork Practitioner and Teacher-in-
training.

Early Bird Fee is € 750 until August 1st,
afterwards regular tuition fee is € 800.

HOW WE MOVE MATTERS!

The essence of Rosen Method Movement is to encourage freedom of movement by gently and playfully getting us to move beyond unconscious attitudes and beliefs. When we move in accordance with our natural structure, we cultivate the experience of joy and vitality.

Rosen Method Movement is deeply restorative because it cultivates body awareness and reconnects us with ourselves, with those around us and with our environment. It is also helpful in preventing injuries and reducing chronic tension.

Each day will include movement classes, sharing circles, anatomy, partner work and lots of new discoveries.

Deborah Marks, Director of Rosen Method Movement Austria, trained by Marion Rosen in bodywork and movement, has been teaching Rosen Method Movement classes for 40 years and has been successfully engaged in training teachers for 10 years. A longtime dancer, she rejoices in the power of ordinary movement to inspire and transform our lives.

Co-Teacher **Karen Zoeppritz-Karle** brings 35 years of experience as a Physiotherapist to her Rosen Method Movement teaching. A Rosen Method Bodywork Practitioner since 2012 and a Rosen Method Movement Teacher since 2013, she will become a Trainer of Rosen Method Movement Teachers in August. She taught Rosen Method Movement for Rosen Method Austria in its early days and we are excited to welcome her back to the school.

This intensive can be taken for personal growth or as the first step on a track towards becoming a certified Teacher of Rosen Method Movement classes.

We are looking forward to welcoming you!
Please register online at www.rosenmethode.at

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Rosen-Method
Österreich