



Rosen-Methode  
Österreich



## BODYWORK INTENSIVE

June 12 - 18, Hotel Payerbacherhof, Lower Austria  
with Bill Samsel and Mary Kay Wright

### MEETING THE CORE SELF:

Deepening Rosen sessions beyond familiar stories and patterns

Learning Rosen Method is a journey of exploration that includes navigating through many layers of mental, emotional, and physical experience. Through receiving and giving bodywork sessions and exploring movement, a trainee encounters many different aspects of one's life processes, discovering memories, habits, feelings, beliefs, and dynamics created and shaped through years of living. Through the combination of touch, relaxation of tension, and verbal exchange that supports opening to one's inner life, self-awareness builds about who a person is and what is carried inside.

In time, sessions may access unconscious material that expands a person's deeper understanding and ability to witness one's own humanity. This may lead to entering states of consciousness that are not determined by personality or limitations based on mental constructs. Some openings lead to a direct meeting with the core essence of the self that inhabits the body and mind, opening to a sense of the interconnectedness of life.

*„The mind of God is the human body.“*

Sufi Murshid James S. B. MacKie



**Bill Samsel**, Senior Teacher from Santa Cruz, CA, was in Marion Rosen's first training group. He has practiced for 46 years and taught internationally in Canada (Director of Training), Germany, Russia, Austria, Israel, Switzerland, Australia, and U.S. He was the Rosen Institute President 1998-2003. Bill is known for his warm-hearted and truthful self-expression and unique teaching style.



**Mary Kay Wright**, Co-Director of Training, lives in Walnut Creek, CA. She met Bill in Marion's first training group (1979) and followed him as the Rosen Institute President in 2003 for 12 years. She founded the Russian center (1989) and has taught in 13 other Rosen schools. Her current focus is training the next generation of Rosen Method Bodywork teachers.

**Course starts:** Thursday June 12, 6pm

**Course hours:** 9am - 5pm

**Course ends:** Wednesday June 18, 1.30pm

**Requirements:**

Bodywork Introductory Workshop

Next Option: May 3 to 4 in Vienna

**SPECIAL OFFER:** Thursday Evening 6 - 8.30pm: **A TASTE OF ROSEN.**

Experience Rosen-Methode Bodywork first hand - open to all!

**Cost Contribution:** Euro 30 - Registration required.

**For registration and contact:** kontakt@rosenmethode.at

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